

## **Treat your bridesmaids to a thoroughly modern thank-you!**

Your **best friends** have supported you through thick and thin, and now they're going to be by your side on the most important day of your life - how do you go about **thanking** them for their love and friendship? Flowers don't quite seem enough.

Your sassy lady friends are going to be grabbing just as much attention on the big day as you are - so why not treat them to a present you know they'll appreciate - a beauty therapy session at the **Virginia Williams Skincare Studio** in leafy South Woodford.

The friendliest therapist for miles around, Virginia Williams offers a bespoke beauty service with dozens of **invigorating and relaxing** treatment options to choose from. They may be wearing the same dresses, but that doesn't mean your bridesmaids have to have the same treatments - book something individual for each of them!

**Manicures** - promote healthy nails and improve their general appearance. Glowing hands and matching nails are a must for the bridesmaid!

Spa Manicure (45 minutes) £18

Includes shaping, cuticle maintenance, exfoliation, relaxing hand massage and polish.

Deluxe Spa Manicure (60 minutes) £20

Includes all of the above, using a masque and oil with heated mittens to nourish and hydrate the skin and increase the circulation

File and Varnish (25 minutes) £8.50

**Facial Treatments** - boost your skin with something a little more refreshing than the usual cleanse, tone and moisturise! Start with a skincare consultation....

Prescriptive Facial (1 hour 15 minutes) £40

Target specific concerns following a comprehensive face mapping exercise. Options

then include the Power Regeneration Facial for sun-damaged skin; Medicated

Clearing Facial, to help eliminate pimples before the big day; or the Environmental

Control Facial, to combat the assault on our skin by the world around us.

For your **Maid or Matron of Honour**, perhaps **something extra special** will be in order? In that case, Virginia Williams offers a wide range of Pamper Packages to suit the individual, some rating on a Bronze, Silver and Gold scale to indicate an increasing level of luxury!

**Tracey Virginia Williams** is a CIDESCO-qualified therapist and graduate of the internationally-renowned Ray Cochrane Beauty School in central London. Her studio is easily accessible by the Central Line from Oxford Street in 35 minutes and London Liverpool Street in only 20 minutes.

**For full details, including comprehensive packages and prices, contact Tracey Virginia Williams on 020 8536 4031 (T); 07786 682725 (M); email [virginia\\_williams@btinternet.com](mailto:virginia_williams@btinternet.com) or visit [www.virginia-williams.co.uk](http://www.virginia-williams.co.uk).**