

Mother of the Bride - it's your big day too!

Who'd have thought it? Your little girl is all grown up and getting married - those happy years spent raising your family have simply flown by. Your daughter's big day is going to be *the* event of your year. And, guess what? It's also the perfect time to treat yourself to a little luxury!

You'll be wanting to look your very best on the big day - so why not let the **Virginia Williams Skincare Studio** take care of all the preparations?

With the superb **Mother of The Bride** beauty treatment package, you'll spend three hours in pampering heaven. As soon as you set foot inside the treatment room, located in a quiet and leafy **South Woodford** street, you'll be handed a glass of **champagne**. Time to kick off those shoes and relax!

First of all you'll have a relaxing **deep cleansing facial**, customised especially to your skincare needs following a detailed facial mapping. With the **finest** Dermalogica products at the therapist's fingertips, you'll be feeling refreshed and radiant in an instant. You'll also enjoy an aromatherapy pressure point massage among your therapy treats.

Since you'll be meeting and greeting old friends and family on the day, the package's spa **manicure** treatment will prove to be a godsend! Your therapist will improve your hands and nails with a **nourishing** cleanse, helping to improve your nails if they've become dry or brittle. Your nails will be just as dazzling as the marital rings following shaping, cuticle maintenance and polish, not to mention a relaxing hand massage.

You'll finish up with a **spa pedicure**, making sure the pressures of helping to organise the wedding simply melt away. Indulge in the moment as your feet get an **invigorating sea salt soak**, followed by a nail shaping and cuticle maintenance, exfoliation, massage and polish. If the weather stays good, why not opt for those lovely strappy sandals to show off the results?

Tracey Virginia Williams is a CIDESCO-qualified therapist and graduate of the internationally-renowned Ray Cochrane Beauty School in central London. Her studio is easily accessible by the Central Line from Oxford Street in 35 minutes and London Liverpool Street in only 20 minutes.

For full details, including comprehensive package prices, contact Tracey Virginia Williams on 020 8536 4031 (T); 07786 682725 (M); email virginia_williams@btinternet.com or visit www.virginia-williams.co.uk.